

# Mulvane School District USD 263

Mulvane 6-12 Lunch  
September MMS/MHS

Aug 2, 2010

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| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| Sep - 6<br>NO SCHOOL TODAY   | Sep - 7<br>LASAGNA<br>GARLIC BREADSTICK<br>TOSSED SALAD<br>PEAS<br>FRUIT COCKTAIL<br>CARNIVAL COOKIE                       | Sep - 8<br>CHICKEN STRIPS<br>MASHED POTATOES<br>COUNTRY GRAVY<br>TOSSED SALAD<br>GREEN BEANS<br>HOT ROLL<br>MANDARIN ORANGES    | Sep - 9<br>BBQ CHICKEN<br>BISCUIT<br>BAKED POTATO<br>TOSSED SALAD<br>CORN<br>FRUIT COCKTAIL                                   | Sep - 10<br>Stuffed Crust Pep Pizza<br>GARLIC PASTA<br>TOSSED SALAD<br>MIXED VEGGIES<br>DICED PEACHES<br>CHOC CHOC CHIP COOKIE |
| Sep - 13<br>CHICKEN FAJITA<br>SPANISH RICE<br>REFRIED BEANS<br>Salsa<br>TORTILLA CHIPS<br>PINEAPPLE TIDBITS                | Sep - 14<br>EGG ROLL<br>TERIYAKI CHICKEN<br>FRIED RICE<br>BROCCOLI<br>TOSSED SALAD<br>CHERRY APPLESAUCE<br>GRAHAM CRACKERS | Sep - 15<br>Chicken Fried Steak<br>MASHED POTATOES<br>COUNTRY GRAVY<br>TOSSED SALAD<br>GREEN BEANS<br>HOT ROLL<br>DICED PEACHES | Sep - 16<br>MINI CORN DOGS<br>POTATO TRIANGLES<br>TOSSED SALAD<br>PORK & BEANS<br>PINEAPPLE TIDBITS<br>SUGAR COOKIE           | Sep - 17<br>PEPPERONI PIZZA<br>GARLIC PASTA<br>TOSSED SALAD<br>CORN<br>MANDARIN ORANGES<br>SUGAR COOKIE                        |
| Sep - 20<br>PIGS IN A BLANKET<br>POTATO TRIANGLES<br>PORK & BEANS<br>PINEAPPLE TIDBITS<br>TOSSED SALAD                     | Sep - 21<br>CRISPITOS<br>SPANISH RICE<br>REFRIED BEANS<br>Salsa<br>TORTILLA CHIPS<br>PINEAPPLE TIDBITS                     | Sep - 22<br>Chicken Fried Steak<br>MASHED POTATOES<br>COUNTRY GRAVY<br>TOSSED SALAD<br>HOT ROLL<br>GREEN BEANS<br>DICED PEARS   | Sep - 23<br>SPAGHETTI<br>PARMESAN CHEESE<br>GARLIC BREADSTICK<br>PEAS<br>MANDARIN ORANGES<br>TOSSED SALAD                     | Sep - 24<br>PEPPERONI PIZZA<br>GARLIC PASTA<br>TOSSED SALAD<br>CORN<br>MANDARIN ORANGES<br>SUGAR COOKIE                        |
| Sep - 27<br>EGG ROLL<br>TERIYAKI CHICKEN<br>FRIED RICE<br>BROCCOLI<br>TOSSED SALAD<br>CHERRY APPLESAUCE<br>GRAHAM CRACKERS | Sep - 28<br>MACARONI AND CHEESE<br>LITTLE SMOKIES<br>GARLIC BREADSTICK<br>SALAD,TOSSED<br>SLICED CARROTS<br>DICED PEACHES  | Sep - 29<br>FRITO CHILI PIE<br>TOSSED SALAD<br>CARROT STICKS<br>FRUIT COCKTAIL<br>CINNAMON ROLL                                 | Sep - 30<br>Chicken Fried Steak<br>MASHED POTATOES<br>COUNTRY GRAVY<br>TOSSED SALAD<br>HOT ROLL<br>GREEN BEANS<br>DICED PEARS | Oct - 1  |

This institution is an equal opportunity provider

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.