

# Mulvane School District USD 263

## High School Breakfast

Mar 25, 2013

We offer a variety of breakfast options daily, students may choose either the hot or cold breakfast, milk and juice or fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/1/2013 BREAKFAST STICK 1 EA SYRUP,PANCAKE CEREAL / YOGURT / MUFFIN JUICE	Tue - 4/2/2013 BREAKFAST PIZZA CEREAL / YOGURT / MUFFIN ORANGE HALVES	Wed - 4/3/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Thu - 4/4/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 4/5/2013 SAUSAGE BISCUIT POTATO TRIANGLES CEREAL / YOGURT / MUFFIN BANANAS
Mon - 4/8/2013 BREAKFAST PIZZA CEREAL / YOGURT / MUFFIN PINEAPPLE TIDBITS	Tue - 4/9/2013 SCRAMBLED EGGS SAUSAGE LINK TOAST CEREAL / YOGURT / MUFFIN JUICE	Wed - 4/10/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN FRUIT SALAD	Thu - 4/11/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 4/12/2013 SAUSAGE BISCUIT CEREAL / YOGURT / MUFFIN BANANAS
Mon - 4/15/2013 BREAKFAST STICK 1 EA SYRUP,PANCAKE CEREAL / YOGURT / MUFFIN JUICE	Tue - 4/16/2013 BREAKFAST PIZZA CEREAL / YOGURT / MUFFIN ORANGE HALVES	Wed - 4/17/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Thu - 4/18/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 4/19/2013 SAUSAGE BISCUIT POTATO TRIANGLES CEREAL / YOGURT / MUFFIN BANANAS
Mon - 4/22/2013 BREAKFAST PIZZA CEREAL / YOGURT / MUFFIN PINEAPPLE TIDBITS	Tue - 4/23/2013 SCRAMBLED EGGS SAUSAGE LINK TOAST CEREAL / YOGURT / MUFFIN JUICE	Wed - 4/24/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN FRUIT SALAD	Thu - 4/25/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 4/26/2013 NO SCHOOL TODAY
Mon - 4/29/2013 BREAKFAST STICK 1 EA SYRUP,PANCAKE CEREAL / YOGURT / MUFFIN JUICE	Tue - 4/30/2013 BREAKFAST PIZZA CEREAL / YOGURT / MUFFIN ORANGE HALVES	Wed - 5/1/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Thu - 5/2/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 5/3/2013 SAUSAGE BISCUIT POTATO TRIANGLES CEREAL / YOGURT / MUFFIN BANANAS

This institution is an equal opportunity provider

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.