

# MULVANE USD 263

## CHOICE OF MILK, JUICE & SALAD BAR INCLUDED WITH MEAL.

Dec 16, 2016

| <b>Monday</b>  | <b>Tuesday</b>                              | <b>Wednesday</b>   | <b>Thursday</b>   | <b>Friday</b>                               |
|--|---|--|---|---|
| Mon - 1/2/2017<br><br>NO SCHOOL TODAY  | Tue - 1/3/2017<br><br>NO SCHOOL TODAY       | Wed - 1/4/2017<br><br>PASTA BAR<br>GARLIC BREADSTICK<br>GREEN BEANS<br>SWEET POTATOES<br>STRAWBERRIES & BANANAS<br>FRUIT SALAD<br>SALAD BAR<br>JUICE   | Thu - 1/5/2017<br><br>CHICKEN STRIPS<br>MASHED POTATOES<br>COUNTRY GRAVY<br>HOT ROLL<br>GREEN BEANS<br>CHOC CHOC CHIP COOKIE<br>FRUIT COCKTAIL<br>CHERRY APPLESauce | Fri - 1/6/2017<br><br>ALA CARTE ONLY TODAY  |
| Mon - 1/9/2017<br><br>CHICKEN NUGGETS<br>MASHED POTATOES<br>COUNTRY GRAVY<br>HOT ROLL<br>GREEN BEANS<br>ROSY PEARS<br>FRUIT COCKTAIL<br>SALAD BAR                | Tue - 1/10/2017<br><br>ALA CARTE ONLY TODAY | Wed - 1/11/2017<br><br>SOUP & SANDWICH BAR<br>BROCCOLI<br>SLICED CARROTS<br>CINNAMON ROLL<br>MANDARIN ORANGES<br>STRAWBERRIES & BANANAS<br>SALAD BAR<br>JUICE                                      | Thu - 1/12/2017<br><br>SOFT TACO<br>REFRIED BEANS<br>SPANISH RICE<br>TORTILLA CHIPS<br>SOUR CREAM<br>PINEAPPLE TIDBITS<br>FRUIT SALAD                               | Fri - 1/13/2017<br><br>ALA CARTE ONLY TODAY |
| Mon - 1/16/2017<br><br>NO SCHOOL TODAY   | Tue - 1/17/2017<br><br>ALA CARTE ONLY TODAY | Wed - 1/18/2017<br><br>BURRITO BAR<br>CHICKEN, BEEF OR VEGGIE<br>TORTILLA CHIPS<br>CHEESE SAUCE<br>SOUR CREAM<br>CHOC CHOC CHIP COOKIE<br>STRAWBERRIES & BANANAS<br>PINEAPPLE TIDBITS<br>SALAD BAR | Thu - 1/19/2017<br><br>LASAGNA<br>GARLIC BREADSTICK<br>PEAS<br>GREEN BEANS<br>CHOCOLATE PUDDING<br>ORANGE HALVES<br>APPLESAUCE<br>SALAD BAR                         | Fri - 1/20/2017<br><br>ALA CARTE ONLY TODAY |
| Mon - 1/23/2017<br><br>MESQUITE CHICKEN<br>BROC CHEESE & RICE CASS<br>HOT ROLL<br>BAKED BEANS<br>SWEET POTATOES<br>CHERRY APPLESauce<br>FRUIT SALAD<br>SALAD BAR | Tue - 1/24/2017<br><br>ALA CARTE ONLY TODAY | Wed - 1/25/2017<br><br>TACO BAR<br>CILANTRO LIME RICE<br>RANCH STYLE BEANS<br>TORTILLA CHIPS<br>SOUR CREAM<br>STRAWBERRIES & BANANAS<br>FRUIT COCKTAIL   | Thu - 1/26/2017<br><br>CHICKEN FRIED STEAK<br>MASHED POTATOES<br>COUNTRY GRAVY<br>GREEN BEANS<br>HOT ROLL<br>CHOCOLATE PUDDING<br>ROSY PEARS<br>APPLESAUCE          | Fri - 1/27/2017<br><br>ALA CARTE ONLY TODAY |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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|--|----------------------|--|---|----------------------|
| Mon - 1/30/2017  | Tue - 1/31/2017      | Wed - 2/1/2017   | Thu - 2/2/2017  | Fri - 2/3/2017       |
| CHICKEN PASTA BAKE<br>GARLIC BREADSTICK<br>MIXED VEGGIES<br>SLICED CARROTS<br>ROSY PEARS<br>FRUIT COCKTAIL<br>SALAD BAR<br>JUICE | ALA CARTE ONLY TODAY | STIR FRY BAR<br>EGG ROLL<br>BROCCOLI & CHEESE<br>STRAWBERRIES & BANANAS<br>FRUIT SALAD<br>CANDY COOKIE<br>SALAD BAR<br>JUICE | FRITO CHILI PIE<br>FIESTA CORN<br>CINNAMON ROLLS<br>DICED PEACHES<br>APPLESAUCE<br>SALAD BAR<br>JUICE<br>MILK | ALA CARTE ONLY TODAY |

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