

# Mulvane School District USD 263

## High School Breakfast

Apr 11, 2013

We offer a variety of breakfast options daily, students may choose either the hot or cold breakfast, milk and juice or fruit

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 5/1/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Thu - 5/2/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 5/3/2013 SAUSAGE BISCUIT POTATO TRIANGLES CEREAL / YOGURT / MUFFIN BANANAS
Mon - 5/6/2013 BREAKFAST PIZZA CEREAL / YOGURT / MUFFIN PINEAPPLE TIDBITS	Tue - 5/7/2013 SCRAMBLED EGGS SAUSAGE LINK TOAST CEREAL / YOGURT / MUFFIN JUICE	Wed - 5/8/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN FRUIT SALAD	Thu - 5/9/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 5/10/2013 SAUSAGE BISCUIT CEREAL / YOGURT / MUFFIN BANANAS
Mon - 5/13/2013 BREAKFAST STICK 1 EA SYRUP,PANCAKE CEREAL / YOGURT / MUFFIN JUICE	Tue - 5/14/2013 SCRAMBLED EGGS SAUSAGE LINK TOAST CEREAL / YOGURT / MUFFIN JUICE	Wed - 5/15/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Thu - 5/16/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 5/17/2013 SAUSAGE BISCUIT POTATO TRIANGLES CEREAL / YOGURT / MUFFIN BANANAS
Mon - 5/20/2013 BREAKFAST PIZZA CEREAL / YOGURT / MUFFIN PINEAPPLE TIDBITS	Tue - 5/21/2013 SCRAMBLED EGGS SAUSAGE LINK TOAST CEREAL / YOGURT / MUFFIN JUICE	Wed - 5/22/2013 BISCUIT & GRAVY SAUSAGE LINK CEREAL / YOGURT / MUFFIN FRUIT SALAD	Thu - 5/23/2013 FRENCH TOAST STICKS SAUSAGE LINK CEREAL / YOGURT / MUFFIN JUICE	Fri - 5/24/2013

This institution is an equal opportunity provider

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.