

**MULVANE USD 263**

Middle School Lunch A Line

Sep 22, 2016

**CHOICE OF MILK & JUICE IS INCLUDED WITH MEAL.**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Mon - 10/3/2016</b>  CHICKEN NUGGETS MASHED POTATOES COUNTRY GRAVY HOT ROLL GREEN BEANS ROSY PEARS FRUIT COCKTAIL SALAD BAR	<b>Tue - 10/4/2016</b>  ALA CARTE ONLY TODAY	<b>Wed - 10/5/2016</b>  POTATO BAR BROCCOLI SLICED CARROTS CINNAMON ROLL MANDARIN ORANGES STRAWBERRIES & BANANAS SALAD BAR JUICE	<b>Thu - 10/6/2016</b>  SOFT TACO REFRIED BEANS SPANISH RICE TORTILLA CHIPS SOUR CREAM PINEAPPLE TIDBITS FRUIT SALAD	<b>Fri - 10/7/2016</b>  ALA CARTE ONLY TODAY
<b>Mon - 10/10/2016</b>  MESQUITE CHICKEN HASH BROWN CASSAROLE HOT ROLL BAKED BEANS SWEET POTATOES CHERRY APPLESAUCE FRUIT SALAD SALAD BAR	<b>Tue - 10/11/2016</b>  ALA CARTE ONLY TODAY	<b>Wed - 10/12/2016</b>  TACO BAR CILANTRO LIME RICE RANCH STYLE BEANS TORTILLA CHIPS SOUR CREAM STRAWBERRIES & BANANAS FRUIT COCKTAIL	<b>Thu - 10/13/2016</b>  CHICKEN FRIED STEAK MASHED POTATOES COUNTRY GRAVY GREEN BEANS HOT ROLL CHOCOLATE PUDDING ROSY PEARS APPLESAUCE	<b>Fri - 10/14/2016</b>  ALA CARTE ONLY TODAY
<b>Mon - 10/17/2016</b>  NO SCHOOL TODAY	<b>Tue - 10/18/2016</b>  ALA CARTE ONLY TODAY	<b>Wed - 10/19/2016</b>  STIR FRY BAR EGG ROLL BROCCOLI & CHEESE STRAWBERRIES & BANANAS WATERMELON CANDY COOKIE SALAD BAR JUICE	<b>Thu - 10/20/2016</b>  FRITO CHILI PIE FIESTA CORN CINNAMON ROLLS DICED PEACHES APPLESAUCE SALAD BAR JUICE MILK	<b>Fri - 10/21/2016</b>  ALA CARTE ONLY TODAY
<b>Mon - 10/24/2016</b>  CRISPITOS REFRIED BEANS SPANISH RICE TORTILLA CHIPS CHOCOLATE CHIP COOKIE DICED PEARS MANDARIN ORANGES	<b>Tue - 10/25/2016</b>  ALA CARTE ONLY TODAY	<b>Wed - 10/26/2016</b>  PASTA BAR GARLIC BREADSTICK GREEN BEANS SWEET POTATOES STRAWBERRIES & BANANAS FRUIT SALAD SALAD BAR JUICE	<b>Thu - 10/27/2016</b>  NO SCHOOL TODAY	<b>Fri - 10/28/2016</b>  NO SCHOOL TODAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Mon - 10/31/2016  LITTLE SMOKIES MACARONI AND CHEESE HOT ROLL MIXED VEGGIES CORN DICED PEACHES MANDARIN ORANGES SALAD BAR				

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